



My Birthplace

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This is my first baby and I am thinking of having my baby at the **Alongside Midwifery Unit (Dundee midwifery Unit)**

- * Relaxing Atmosphere
- * Hospital-like environment
- * Two birth partners can be present
- * Birth Pool available
- * Quick access to medical attention and pain relief on labour ward
- * You may need to be transferred to labour ward which is on the floor below

What new mothers and midwives say about giving birth here

- * Water
- * Relaxation
- * Aromatherapy massage
- * Entonox (gas and air)
- * Diamorphine
- * Epidurals are only available at Ninewells Maternity Unit

A birth pool is available and for pain relief you can have

- * The chances of a normal birth are 77 in 100 (77%)
- * The chances of a forceps delivery are 8 in 100 (8%)
- * The chances of a caesarean section are 7 in 100 (7%)
- * Less than 5 babies in 1000 had an undesirable outcome

Numbers to think about



Dundee midwifery Unit
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