

This is my second or subsequent baby and I am thinking of having my baby at the **Alongside Midwifery Unit (Dundee midwifery Unit)**

- \* Relaxing Atmosphere
- \* Hospital-like environment
- \* Two birth partners can be present
- \* Birth Pool available
- \* Quick access to medical attention and pain relief on labour ward
- \* You may need to be transferred to labour ward which is on the floor below

*What new mothers and midwives say about giving birth here*

- \* Water
- \* Relaxation
- \* Aromatherapy massage
- \* Entonox (gas and air)
- \* Diamorphine
- \* Epidurals are only available at Ninewells Maternity Unit

*A birth pool is available and for pain relief you can have*

- \* The chances of a normal birth are 97 in 100 (97%)
- \* The chances of a forceps delivery are 1 in 100 (1%)
- \* The chances of a caesarean section are 1 in 100 (1%)
- \* Less than 5 babies in 1000 had an undesirable outcome

*Numbers to think about*



**Dundee midwifery Unit**  
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