

This is my second or subsequent baby and I am thinking of having my baby at **Home**

What new mothers and midwives say about giving birth here

- * You will be more relaxed in your own environment
- * You are more likely to have a normal birth
- * You are more likely to breastfeed
- * You can choose who you want with you
- * You are less likely to have a forceps, ventouse or c/section
- * You may have to transfer to NW hospital in labour because there are no doctors on site

- * Water
- * Relaxation
- * Aromatherapy massage
- * Entonox (gas and air)
- * Epidurals are only available at Ninewells Maternity Unit
- * Diamorphine

You can hire a birth pool and for pain relief you can have

- * The chances of a normal birth are 98 in 100 (98%)
- * The chances of a forceps delivery are 0.4 in 100 (0.4%)
- * The chances of a caesarean section are 0.5 in 100 (0.5%)
- * Less than 2 babies in 1000 had an undesirable outcome

Numbers to think about