This is my first baby and I am thinking of having my baby at the Alongside Midwifery Unit (B5/Mary Rose)

Relaxing Atmosphere
Hospital-like environment
Two birth partners can be present
Birth Pool available
Quick access to medical attention and pain relief on labour ward
You may need to be transferred to labour ward which is on the same floor

What new mothers and midwives say about giving birth here

Water
Relaxation
Massage
Entonox (gas and air)
Pethidine
Epidurals are only available on Labour Ward (B8)

A birth pool is available and for pain relief you can have

The chances of a normal birth are 77 in 100 (77%)
The chances of a forceps delivery are 8 in 100 (8%)
The chances of a caesarean section are 7 in 100 (7%)
Over 995 babies in 1000 had a desirable outcome

B5 Mary Rose Ward
Queen Alexandra Hospital,
Southwick Hill Road, Cosham, PO6 3LY

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