



This is my second or subsequent baby and I am thinking of having my baby at the **Poole Maternity Unit, Labour Ward**

- \* Relaxing Atmosphere
- \* Hospital-like environment
- \* Two birth partners can be present
- \* Birth Pool available
- \* Quick access to medical attention and pain relief

*What new mothers and midwives say about giving birth here*

- \* Water
- \* Relaxation
- \* Massage
- \* Entonox (gas and air)
- \* Pethidine
- \* Epidural

*A birth pool is available and for pain relief you can have*

- \* The chances of a normal birth are 97 in 100 (97%)
- \* The chances of a forceps delivery are 1 in 100 (1%)
- \* The chances of a caesarean section are 1 in 100 (1%)
- \* Over 997 babies in 1000 had a desirable outcome

*Numbers to think about*



**Poole Maternity Unit**  
St Mary's Maternity Unit,  
St Mary's Rd, Poole, BH15 2LH